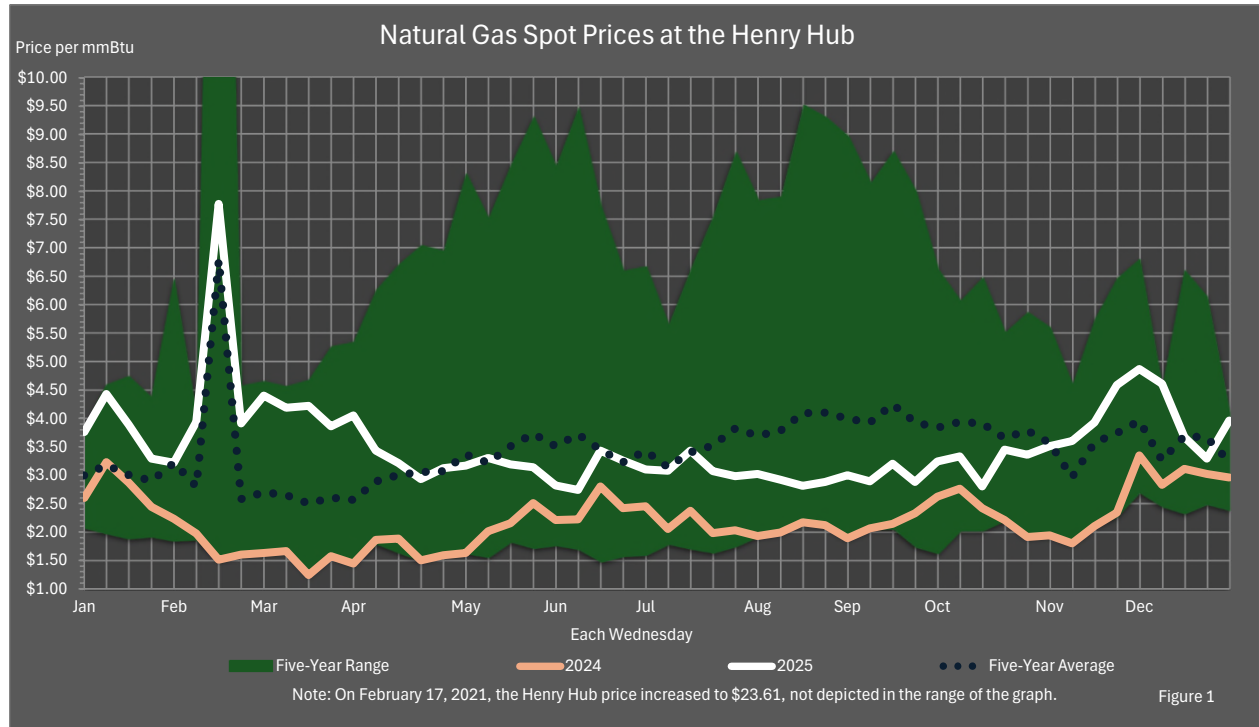




Natural Gas Spot Prices at the Henry Hub

2025

[Price per Million British Thermal Units (mmBtu)]

Day	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1	Holiday			\$3.96	\$3.08		\$3.14	\$2.99	Holiday	\$3.24		\$5.05
2	\$3.66			\$4.05	\$3.09	\$2.98	\$3.10		\$2.73	\$3.32		\$4.81
3	\$3.47	\$3.30	\$3.81	\$4.21		\$2.82	\$3.22		\$3.00	\$3.22	\$3.37	\$4.87
4		\$3.24	\$4.40	\$4.04		\$2.82	Holiday	\$2.87	\$3.10		\$3.34	\$4.91
5		\$3.22	\$4.40		\$3.25	\$2.85		\$2.98	\$3.05		\$3.51	\$5.20
6	\$4.06	\$3.31	\$4.39		\$3.10	\$2.68		\$3.02		\$3.31	\$3.63	
7	\$3.98	\$3.33	\$4.22	\$3.96	\$3.17		\$3.24	\$3.05		\$3.32	\$3.76	
8	\$3.76			\$3.84	\$3.23		\$3.20	\$3.04	\$3.11	\$3.33		\$5.01
9	\$3.90			\$3.43	\$3.22	\$3.09	\$3.08		\$3.10	\$3.23		\$4.76
10	\$4.14	\$3.49	\$4.58	\$3.70		\$2.75	\$3.11		\$2.89	\$2.90	\$3.79	\$4.61
11		\$3.68	\$4.55	\$3.43		\$2.74	\$3.21	\$3.01	\$2.81		Holiday	\$4.35
12		\$3.94	\$4.19		\$3.21	\$2.90		\$2.93	\$2.90		\$3.60	\$4.06
13	\$4.41	\$4.42	\$3.89		\$3.26	\$2.65		\$2.92		Holiday	\$3.58	
14	\$4.35	\$4.63	\$3.92	\$3.55	\$3.30		\$3.23	\$2.77		\$2.84	\$3.49	
15	\$4.43			\$3.25	\$3.20		\$3.30	\$2.97	\$2.98	\$2.80		\$3.89
16	\$4.28			\$3.21	\$3.07	\$2.90	\$3.43		\$3.07	\$2.81		\$3.59
17	\$10.07	Holiday	\$4.15	\$2.94		\$2.90	\$3.50		\$3.20	\$2.66	\$3.70	\$3.67
18		\$6.46	\$4.17	Holiday		\$3.43	\$3.51	\$2.96	\$3.08		\$3.72	\$3.86
19		\$7.78	\$4.22		\$3.01	Holiday		\$2.86	\$2.89		\$3.93	\$3.58
20	Holiday	\$5.76	\$4.21		\$3.15	\$3.10		\$2.81		\$3.01	\$3.97	
21	\$4.39	\$4.43	\$3.95	\$3.15	\$3.19		\$3.47	\$2.88		\$3.28	\$4.13	
22	\$3.89			\$3.08	\$3.02		\$3.21	\$2.79	\$2.90	\$3.45		\$3.68
23	\$3.96			\$2.93	\$2.92	\$3.52	\$3.07		\$2.87	\$3.34		\$3.35
24	\$3.84	\$3.86	\$4.03	\$2.87		\$3.31	\$3.12		\$2.88	\$3.21	\$4.15	\$3.29
25		\$3.89	\$3.94	\$2.73		\$3.26	\$3.09	\$2.76	\$2.97		\$4.12	Holiday
26		\$3.91	\$3.86		Holiday	\$3.23		\$2.82	\$2.89		\$4.59	Holiday

Day	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
27	\$3.71	\$3.91	\$3.87		\$3.21	\$3.23		\$2.88		\$3.32	Holiday	
28	\$3.43	\$3.89	\$3.89	\$2.96	\$3.14		\$3.13	\$2.90		\$3.44	Holiday	
29	\$3.29			\$3.17	\$2.94		\$3.08	\$2.88	\$2.93	\$3.36		\$4.35
30	\$3.12			\$3.12	\$2.80	\$3.26	\$2.98		\$3.13	\$3.44		\$4.42
31	\$2.92		\$4.13				\$2.95			\$3.58		\$3.96
Note: NA indicates price is not available.												

Sources: *Natural Gas Weekly Update.* The *Natural Gas Weekly Update* was not published in the days leading up to a holiday. For the listed prices, the Natural Gas webpage <https://www.eia.gov/dnav/ng/hist/rngwhhdD.htm> was the source. Energy Information Administration, Washington, DC. Nebraska Department of Water, Energy, and Environment, Lincoln, NE.

Notes: To obtain the price per hundred cubic feet (ccf) or the approximate price per therm, divide the price by ten (10). NA indicates price is not available.

A general rule of thumb: Add three dollars to the Henry Hub spot price to estimate the residential natural gas price. Likewise, add 30 cents if you have already converted the price from British thermal units to ccf or therms.